



Full Circle  
Health Network

## What is a Community Health Worker (CHW)?

CHWs are non-licensed workers who are trusted members of your community, often with lived experience of the same challenges you face. They serve as a vital link between individuals, families, and the healthcare system - providing preventive health services to promote physical and mental well-being, prolong life, and prevent disease.

Promoters

Peer Support Specialists

Community Health Representatives

Violence Prevention Professionals

Health Promoters

Health Navigators

## What CHWs Can Help With



### HEALTH EDUCATION

Culturally-specific education on health topics, coaching and goal setting, and guidance on accessing reliable health information.



### HEALTH NAVIGATION

Help identifying health & social care resources, providing referrals, and supporting you to engage in your own care.



### SCREENING & ASSESSMENT

Completing screenings ordered by your licensed provider and serving as a cultural liaison to make you comfortable.



### SUPPORT & ADVOCACY

Self-advocacy training, attending meetings with you, outreach to engage you in care, and joining appointments as your advocate.

**Ask Your Care Team About Community Health Worker Services  
Or visit [www.fullcirclehn.org](http://www.fullcirclehn.org)**



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## Real Examples of How a CHW Can Help You



Help you sign up for **CalFresh** food benefits



Help a grandparent understand the **IEP process** and attend the school meeting



Join your next **PCP appointment** as a cultural liaison



Support your **SSI/SSDI application** and attend appointments with you



Connect you to **medical transportation** for well child visits



Provide **emotional support** when transitioning from pediatric to adult care

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### Who Qualifies for CHW Services:

- Members with complex medical needs
- Members who have seen a licensed provider who determined a need for CHW services
- Enrolled in Medi-Cal managed care

### How To Get Connected:

- Ask your doctor or care team for a CHW referral
- Contact your Medi-Cal managed care plan directly
- Referrals accepted from schools, 211, pediatricians, child welfare agencies, and justice agencies

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**Important:** CHW services cannot be provided to the same person at the same time as Enhanced Care Management (ECM). However, members receiving CHW services can also be eligible for Medi-Cal Community Supports like housing assistance and asthma remediation.

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